

Everyday Pediatric Readiness for Extraordinary Events

Lessons Learned from the Commonwealth of the Northern Mariana Islands

Presenters:

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- Antonio Kapileo, EMT
- Jocelyn Sablan, EMT
- Joaquin Camacho, EMT

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Tony Gilchrest, MPA, EMT-P Moderator

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Lessons Learned from the Commonwealth of the Northern Mariana Islands April 22, 2014

Commonwealth of Northern Mariana Islands (CNMI)



CNMI EMS for Children Team

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EMSC and the Hospital Preparedness Program: A critical partnership to improve Pediatric Preparedness

CAPT Patricia Pettis, MS, APRN, PCPNP-BC Field Project Officer

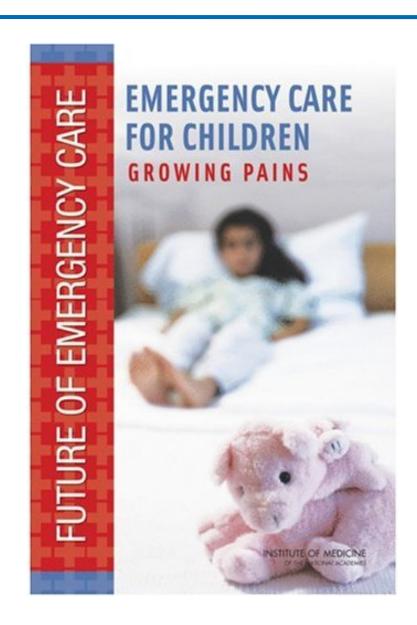
Hospital Preparedness Program – Region I (New England)

National Healthcare Preparedness Programs Division OEM/ASPR/HHS



Emergency Care for Children







Overview



• Goal: To connect the expertise and networks of both the HPP and EMSC to strengthen our nation's ability to care for children today and during disasters

A Unity of Effort:

- Connecting the local efforts of HPP and EMSC in order to strengthen pediatric preparedness across the nation
- HPP and PHEP plans and program measures require consideration of at-risk individuals, including children
- EMSC performance measures focus on medical direction, education, equipment systems and guidelines; the critical substance of preparedness plans
- EMSC is cited as a key partner with HPP and PHEP for emergency preparedness planning in the FY14 Cooperative Agreement



Hospital Preparedness Program (HPP) Overview ASSISTANT SECRET. PREPAREDNESS AND R

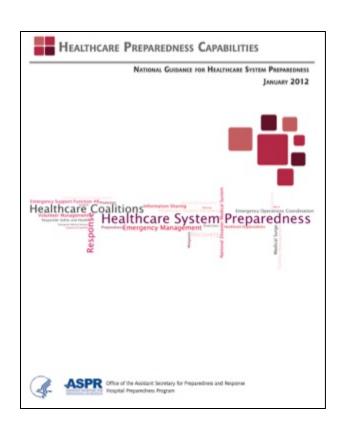
- Mission: To improve healthcare preparedness and response by providing leadership, funding, evaluation, and technical assistance to HPP awardees
- Vision: A robust, integrated federal, state, and local disaster healthcare system that coordinates all components of health delivery, supporting Emergency Support Function #8, to realize greater national healthcare preparedness, response, and recovery



2012 National Healthcare Preparedness Capabilities



- 1)Healthcare System Preparedness (Healthcare Coalitions)
- 2) Healthcare System Recovery
- 3) Emergency Operations
- Coordination
- 5) Fatality Management
- 6) Information Sharing
- 10) Medical Surge
- (Immediate Bed Availability)
- 14) Responder Safety and Health
- 15) Volunteer Management





Aligned HHS Capabilities



Public Health Preparedness	Healthcare Preparedness	
Capabilities	Capabilities	
Community Preparedness	Healthcare System Preparedness	
Community Recovery	Healthcare System Recovery	
Emergency Operations Coordination	Emergency Operations Coordination	
Emergency Public Information and Warning		
Fatality Management	Fatality Management	
Information Sharing	Information Sharing	
Mass Care		
Medical Countermeasure Dispensing		
Medical Materiel Management and		
Distribution		
Medical Surge	Medical Surge	
Non-pharmaceutical Interventions		
Public Health Laboratory Testing		
Public Health Surveillance and		
Epidemiological Investigation		
Responder Safety and Health	Responder Safety and Health	
Volunteer Management	Volunteer Management	



Capabilities and Pediatrics



- Capability #1—Healthcare system preparedness
 - Healthcare Coalition essential partner memberships
 - Identify and prioritize critical healthcare assets and essential services
- Capability 10—Medical Surge
 - Assist healthcare organizations maximize surge capability
 - Specialty equipment to increase medical surge capacity and capability
 - Special training to maximize medical surge competency
 - Mobile medical assets for surge operations
 - Provide guidance for the management of scarce resources





Healthcare Coalitions (HCC)



- A formal collaboration among healthcare organizations and public and private sector partners that is organized to prepare for and respond to an emergency, mass casualty or catastrophic health event
 - Members: acute care hospitals, EMS, specialty and primary care providers, long term care facilities, behavioral health, public agencies, and private organizations
 - Key assessment factors: EMS inclusion, integration into healthcare delivery system, identification of high risk individuals during response

HPP Healthcare Coalitions should have pediatric SMEs and, whenever possible, participation by EMSC



2014 HPP Program Measures



Continuity of Healthcare Operations

• Continuity of healthcare operations planning strives to improve a healthcare entity's preparedness, response, recovery, and mitigation capabilities from natural disasters and technological emergencies of all kinds.

Medical Surge

 Medical surge is the capability to rapidly expand the capacity of the existing healthcare system (e.g., hospitals, long-term care facilities, community health agencies, acute care facilities, alternate care facilities and public health departments) to provide triage and subsequent medical care during incidents that severely challenge or exceed the normal medical infrastructure of the community.



Action Steps: HPP+EMSC



- HPP Healthcare Coalitions should work to include EMS and pediatric emergency care and EMS representation
- HPP and EMSC points of contact at medical schools should connect and coordinate training efforts
- State HPP Directors and EMSC Managers should collaborate on ways to leverage the expertise of the two programs
- HPP Field Project Officers (FPOs) will investigate EMS jurisdictional overlap with HPP Healthcare Coalitions and improve connectivity
- HPP will work with EMSC to investigate and include appropriate, evidence based pediatric preparedness measures within future guidance documents
- Guidance documents, promising practices, and research projects should be accessed at the program-supported websites: www.phe.gov/hpp and www.childrensnational.org/emsc



HPP Field Project Officers (FPO)



- Monitor Awardees through site visits, observing exercises and drills, monitoring state grant finances, evaluating evacuation procedures for at-risk populations
- Provide Technical Assistance
 through regular communication,
 regional calls/meetings, technical
 calls on capabilities and other
 specific issues (pediatrics), facilitating
 peer to peer technical assistance
- Improve Awardee Capacity by reviewing after action reports, assisting with comprehensive exercise and training plans, recommend how to improve systems





Contact Information: HPP Field Project Officers



- Region 1 CAPT Patti Pettis
- Region 2 Sharon Cox
- Region 3 CDR Ken Monahan
- Region 4 CAPT Paul Link
- Region 5 CDR Duane Wagner
- Region 6 William Mangieri
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- Region 8 Traci Pole
- Region 9 Gene Ripper
- Region 10 CDR Kenneth Hill





Contact Information: HPP Leadership



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HPP Website: www.phe.gov/hpp



Questions?

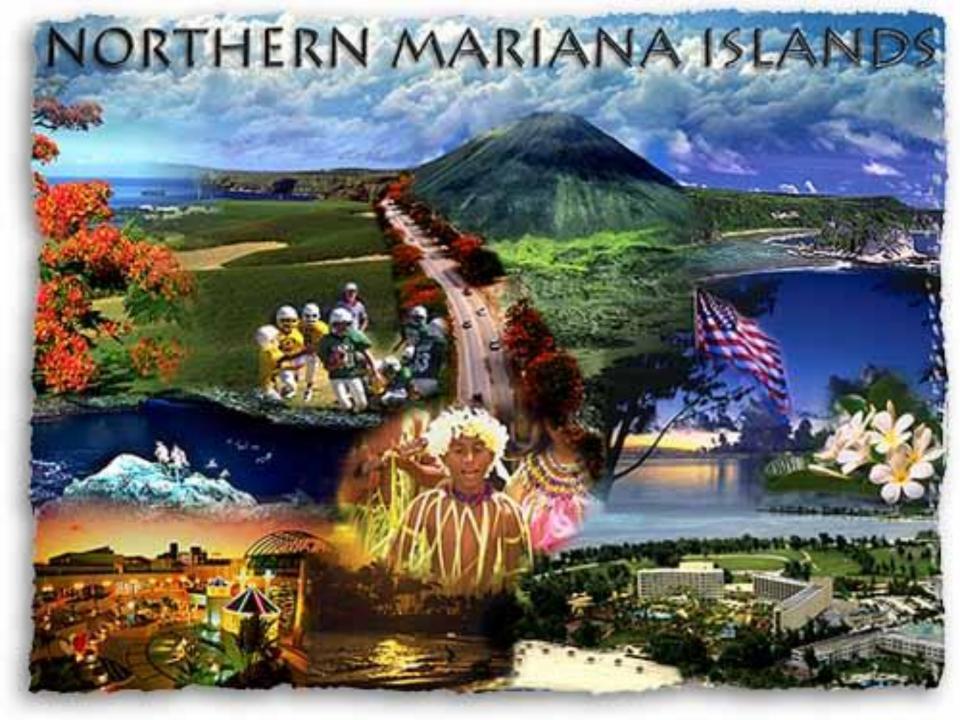






Everyday Pediatric Readiness for Extraordinary Events

Commonwealth of the Northern Mariana Islands
Department of Public Safety – Fire Division
Office of EMS

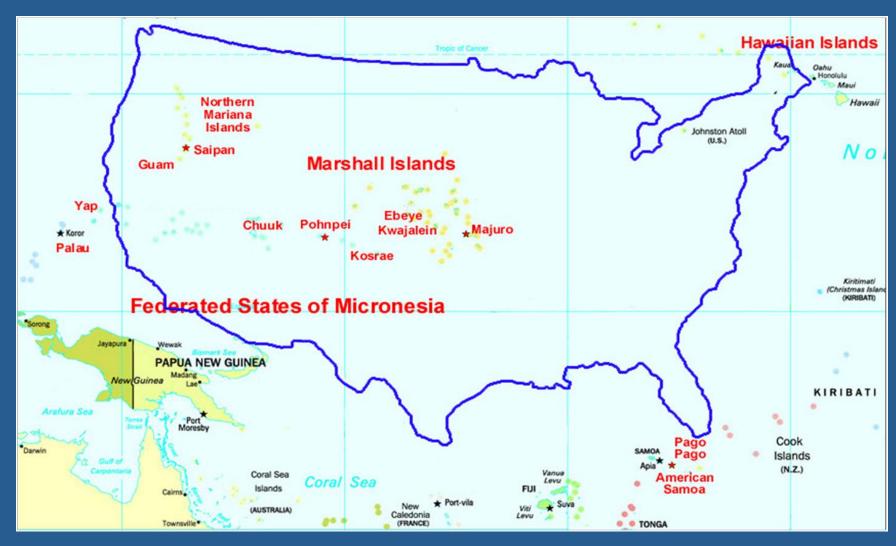


100 200 km 100 200 mi Farallon de Pajaros. Maug Islands Asuncion Island Agrihan Philippine Sea Pagan North Pacific Ocean Guguan Sarigan ^oAnatahan Farallon de Medinilla

Northern Mariana Islands

- Ferdinand Magellan discovered Guam in 1521 and all the islands was later claimed as a Spanish colony
- Spanish-American War 1898: Spain ceded Guam to the U.S. and sold the northern islands to Germany
- after World War I (1919) Japan administered the islands until end of World War II (1944)
- administered by the U.S. as part of the United Nations Trust Territory of the Pacific Islands (1947-1976)
- Covenant to establish a Commonwealth in political union with the U.S. in 1976, adopted its own constitution and took office in 1978
- became U.S. citizens in 1986 through Presidential Proclamation No. 5564
- held a Resident Representative to the U.S. until 2008, U.S. Public Law 110-229 established a Delegate seat in the U.S. House of Representatives in 2009

Western-most Frontier of the U.S. "Where America's Day Begin"





Northern Mariana Islands

- •14 island archipelago (Saipan, Tinian, Rota only permanently inhabited islands), small sparse populations in the northern islands, Pagan most active island volcano
- •Commercial flights: 3-hours to Japan, 7-hours to Hawaii, and 10-12 hours to U.S. mainland; cross international dateline, +10 hours
- •2010 U.S. Census: 53,883 residents (mostly non-U.S. citizens); plus year-round tourists mainly from Japan, Korea, China, Russia



Northern Mariana Islands - Fact Sheet

- Indigenous population: Chamorro or Carolinian decent (comprise of less than half of population)
- •Diverse ethnic community: Filipinos, Chinese, Micronesians, Koreans, Japanese, Bangladeshis, Polynesians, Russians, etc.
- •1 main hospital in Saipan: 86-bed public facility, CMMS certified
- •50,000 hospital visits per year
- •Lack of specialty centers: trauma, pediatric, burn, etc.



Northern Mariana Islands - Fact Sheet

- Most severe patients are medically referred to the neighboring island of Guam, Philippines, Hawaii, U.S. mainland and elsewhere
- •Department of Public Safety: Police and Fire Division, Bureau of Motor Vehicles
- •10,000 911 calls per year, ~8,000 Fire/EMS emergency and non-emergency calls per year
- •101 Firefighter/EMTs and 8 fire stations across three inhabited islands

EMERGENCY MEDICAL SERVICES

- 5 ambulances across three inhabited islands
- 3 Island of Saipan
- 1 each for the Islands of Rota and Tinian

FIRE

- 3 pumpers, 2 brush
- 4 rescue units

SPECIAL OPERATIONS

- Search and Rescue Unit (SARU)
- CBRNE/Hazmat Team
- CNMI Forestry/Wildland Strike Team
- Multi-Mission Work Boat (fire boat)

COMMUNITY OUTREACH PROGRAMS

- Free Community CPR/AED Courses
- Community Emergency Response Team (CERT)
- DUI sobriety checkpoints
- Child passenger safety checkpoints
- Annual campaigns: EMS week, EMSC day, fire prevention week

PERSONNEL

- 84 Firefighter/EMT's on the Island of Saipan
- 6 Firefighter/EMT's for the Island of Rota
- 11 Firefighter/EMT's for the Island of Tinian

CERTIFICATIONS

- Each Fire Fighter is required to maintain a National Pro-Board Certification as a Firefighter.
- Each EMT is certified up to the National Registry Standard. With Protocols allowing for administration of limited medications to patients in the pre hospital setting.

STAFFING/MANPOWER

- 3-man Medic Crews-Saipan (Can be reduced to 2-man Medic Crew in disaster scenarios) Rota Medics are staffed by 1 Firefighter/EMT and 1 Police Officer; Tinian works on a 2-man Medic Crew schedule
- 2-man rescue team per 24 hour shift-Saipan; Rota 1-man rescue unit with ride along Police Officer; Tinian 1-man rescue team.

EMERGENCY MEDICAL SERVICES (EMS)



- 4,000 emergency and non-emergency calls per year
- 84 firefighter/EMTs, 3 ambulances (Saipan)
- 11 firefighter/EMTs, 1 ambulances (Tinian)
- 6 firefighter/EMTs, 1 ambulance (Rota)





POPULATION

Saipan: 48,220 Rota: 2,527 Tinian: 3,136

RESOURCES

Saipan: 3 Ambulances/1 RescueRota: 1 Ambulance/1 RescueTinian: 1 Ambulance/1 Rescue

MANPOWER

Saipan: 22 Personnel per 24 hour shift

Rota: 2 Tinian: 3

RATIO:

Saipan- 16,073>1 Medic / 2,191>1 FF/EMT Rota- 2,527>1 Medic / 1263>1 FF/EMT Tinian- 3,136>1 Medic / 1045>1 FF/EMT

Theoretically, if an unexpected disaster were to occur right now it should devastate the Emergency Medical Resources of the CNMI.

CNMI History with Natural Disasters

Typhoons;

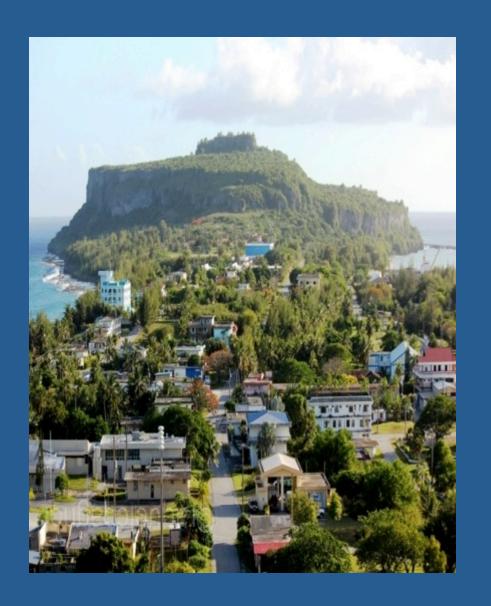
1961 S	uper-Typhoon	Nancy	215mph
1962 S	uper-Typhoon	Karen	185mph
1963 S	uper Typhoon	Olive	145mph
1976 S	uper Typhoon	Pamela	150mph
1984 S	uper Typhoon	Ike	145mph
1997 T	yphoon Isa		100mph
1997 S	uper Typhoon	Keith	180mph
1997 S	uper Typhoon	Paka	115mph
2002 S	uper Typhoon	Omar	185mph
2002 S	uper Typhoon	Pongsona	150mph
2002 S	uper Typhoon	Chataan	110mph
2002 S	uper Typhoon	Higos	110mph
2004 S	evere Typhoor	n Tingting	90mph
2004 S	uper Typhoon	Chaba	125mph
2009 S	uper Typhoon	Melor	125mph

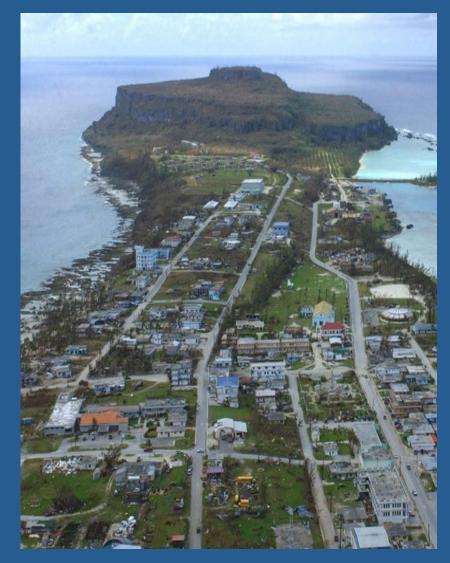




Categories of Storms

- Tropical Storm 3/2/1- is a rapidly-rotating storm system characterized by a low pressure center, strong winds, and a spiral arrangement of thunderstorms that produce heavy rain.
- Typhoon 4/3/2/1- A typhoon is a mature tropical cyclone that develops in the western part of the North Pacific Ocean between 180° and 100°E. This region is referred to as the northwest Pacific basin.
- Super Typhoon- Super typhoon is best compared to a major hurricane of a Category 4 or 5 on the Saffir-Simpson Scale.





Disaster Preparedness

No longer a choice; but a part of our culture

Starting Early- Preparedness at home. How does the CNMI Integrate Disaster Preparedness Information into everyday learning?

- -Community Outreach Programs
- -EMS/FIRE in Schools
 - -Presentations
 - -Firefighters Reading Books in Schools
 - -Tours of the Fire Stations
 - -Medic Tours at School
 - -Ride Along Program
 - -Teen CERT

-Media

- -Commercials (Cartoons)
- -Handouts/Workbooks/Coloring Books
- -Multi-Lingual Print and Radio Ads
- -Banners/Signage along Roadways and Schools



Disaster Preparedness

No longer a choice; but a part of our culture

Starting Early- Preparedness at home. How does the CNMI Integrate Disaster Preparedness Information into everyday learning?

EMS Fairs

- -Teach simple first aid
- -Earthquake Preparedness
- -Disaster Kits
- -Trivia

Drills

- Tsunami Evacuation Drills
- -Earthquake Drills
- -KONFITMA (All-Hazards) Drill
- -Active-Shooter Drills



KIDS - STORM READY DRILLS

Tsunami Evacuation Drills:

- Performed Annually at local Elementary Schools.
- Multi-Agency Effort
- Requires schools to conduct a full scale evacuation drill.
- Teachers are to gather all students and use marked Tsunami Evacuation Routes.

- Annual evaluation of route/school evacuation capabilities
- Multi-Agency response review
- Allows for a full critique of drill process
- Faculty/Student familiarization of Tsunami routes and evacuation procedures.
- Allows for critical changes to be made to flaws in evacuation procedures prior to a actual emergency.

KIDS - BE READY DRILLS

Earthquake Drills:

- Gaining interest in the CNMI,
 performed by 7 CNMI schools in
 2013 (mostly Elementary Schools)
- In classroom drills

- No-Cost drill, does not require multi-agency effort/manpower.
- Can be taught in a day to day classroom setting.



KIDS – BE READY DRILLS

KONFITMA:

- Annual Multi-Agency Effort
- 36 Hour Drill designed to fully stress the resources of the CNMI in emergency response settings. Scenarios Include:
 - Active Shooter in Schools
 - Acts of Terrorism
 - School Evacuations due to Acts of Terrorism/HazMat Incidents
 - Hostage Situations
 - HazMat Incidents at port areas.

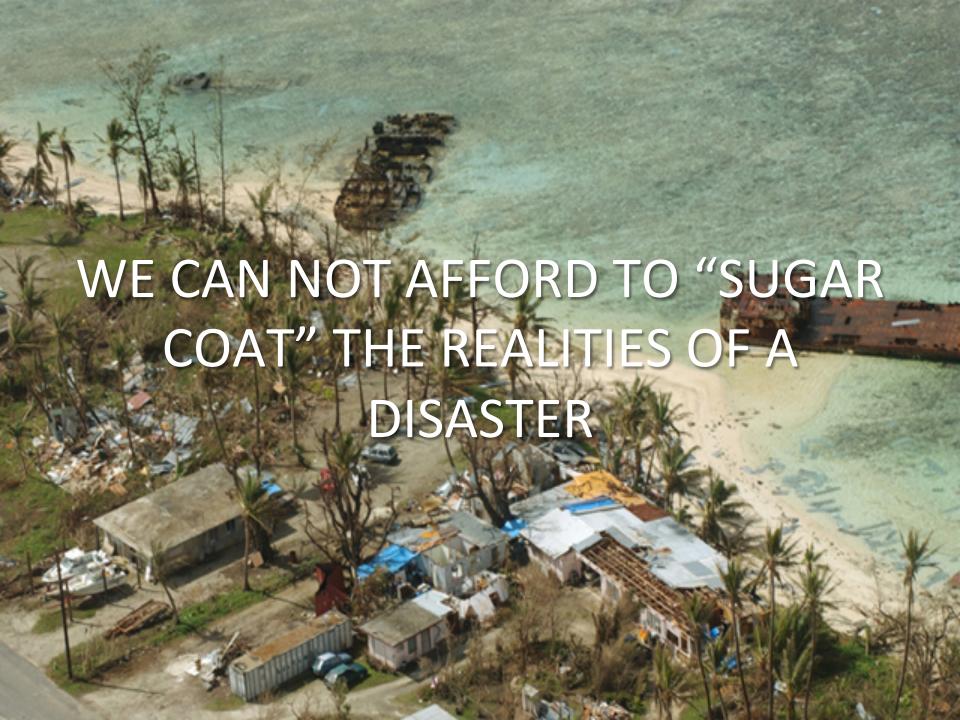
- Allows for Annual training of resources.
- School Faculty and Student Involvement for mass evacuations.
- Familiarization with Multi-Agency work dynamic.
- Mutual Aid agreements and understandings.

KIDS – BE READY DRILLS

ACTIVE SHOOTER:

- 2013 saw a BIG push for ACTIVE SHOOTER DRILLS
- All schools were required to perform 2 drills involving students.
- - Media PUSH OUT of information. (TV, New, Radio and Print Ad's)

- Although a harsh topic, the CNMI was able to bring the reality of a "Active Shooter Incident" to the CNMI.
- During the 2009 rampage shooter incident in the CNMI, it was apparent that the CNMI was not prepared to handle such a situation. The incident left communication systems down for over an hour. Hysteria broke out.
- Training for both Teachers and First responders to "active shooter" incidents.



DISASTER PREPARDNESS FOR PARENTS

- Ask the hard questions.
- -Are you aware of your child's school evacuation plans for different types
 of incidents? Earthquakes? Active-Shooters? Where to pick them up? Who
 to contact for information in the event of a lockdown?
- If an emergency were to occur while your child was in school, with friends or home alone do you and your child have a way to communicate?
- In the event of an emergency, does your child know the basic steps for first aid?
- -Emergency Contacts are important. But what happens if communications are disrupted? Will your child seek help? Or wait? Where will they go?
- If you are separated during an event, can your child survive in the aftermath of a disaster until help arrives? Have we taught them the skills they need to survive for hours or days until help arrives?

KIDS – BE READY AT HOME

TIPS:

- -Involve Children from an early age in Preparations for disasters, help them prepare a home disaster kit, explain how each item in the kit is important, teach them how to use these items.
- -Discuss disasters such as earthquakes and storms, and how they should react differently to different types of disasters.
- -Involve you child in pre-storm preparations. Boarding of homes, clearing of potential debris and securing of outdoor items.
- -Practice. The same as you would with a "Stop, Drop and Roll" drill, set up and practice home evacuation routes, meeting areas and emergency contacts.
- -Allow you child to ask questions.



In the CNMI, residents host BBQ's during typhoons for family members to make use of Frozen goods that may spoil due to power outages.

Coping In the Aftermath of a Disaster

Being able to COPE in the AFTERMATH of a disaster requires PRE-DISASTER PLANNING.

With potential Damage to Infrastructure and services stressed to maximum capabilities, what are our priorities?

DISASTER CHECKLIST for Emergency Management in the CNMI

- -Basic Survival Needs for our residents;
 - -Shelter
 - -Water
 - -Food
 - -Power
- -Establishing Communications
- -Resources
- -Rescue/Medical Needs



WHAT ARE THE PRIORITIES IN YOUR COMMUNITY?

SHELTER

- -Families are advised through Media to seek shelter with OTHER family members.
- -Families in need of Shelter are bussed to now vacant schools that are used as back up shelters during storms.
 - 2-3 Families per classroom (Safety)
- -Families may remain in School Shelters for as long as the school remains closed.
- -Schools are equipped with back-up water tanks (30,000 gal), these reserve tanks are used to run the water supply to school restrooms and showers.
- (As a requirement any facility used as a shelter must have back up water tanks on site)

SHELTER

- -Families are encouraged to bring drinking water and other items to shelters.
- -Families are informed via media and radio on how to sterilize water.
- -Shelter announcements via radio, TV and news papers as far as 24 hours prior to a disaster.

- Where ever you choose to SHELTER, at home, with family or friends or in a community shelter an announcement is made that advises residents to LOCKDOWN

WATER

- -Families are informed via media and radio on how to sterilize water.
- -Families that "Shelter in Place" are advised load water into bathtubs and containers to use during water outages.
- -Conserve water usage.
- -Most homes on the Island are equipped with Water Tanks that store anywhere from 150-3000 gallons of reserve faucet water.

WATER (DRINKING)

- -Families in the CNMI are store 5 gallon (\$2.50) buckets of drinking water for cooking purposes.
- -Families conserve drinking water
- -Collect rainwater and filter it for consumption

FOOD

*CNMI Government releases payroll early for families to prepare for a disaster.

With this;

- -Most families can stock up on non-perishable canned foods.
- -Purchase Butane Canisters for Gas-Stove cooking
- -With the high probability of a power outage, most residents BBQ during storms to make use of frozen food items that may go to waste.

POWER

Because of our history with power outages, most families in the CNMI expect that at some point during a storm, our power supply will be compromised.

STANDARD AT HOME CHECKLIST:

- -Flashlights
- -Batteries
- -Candles
- -Battery operated radio for updated information

Communication Concerns

- -How do we continue to provide the most current information to our residents during the most critical phases of a disaster?
- -How do our residents communicate with family members? Each other? Emergency Services?
- -Is our Emergency Management System equipped to receive an influx of calls?
- -Are our dispatchers trained to handle this type of situation?
- -Does the CNMI have a contingency plan for a loss of communications?
- -Communications for a Multi-Agency disaster effort.

Communication Priorities

- -Critical Emergency Services (Police, Fire and EMS)

 Handheld Radio/PTT systems, Emergency Dispatch Calls, Field

 Communications.
- -Emergency Management Office

 Live updates of conditions, developments and resource deployment needs.
- -Hospitals
- -Residents

FUN FACT

When a storm is classified as a Condition 1
Typhoon an order is issued asking CNMI
Residents to remain inside their homes and to shelter in place. During this time, all CNMI
Emergency Response Vehicles are also grounded. All Fire Stations are closed and personnel are not allowed to respond until the restriction is lifted.

Resource Considerations

In the hours prior to, during and immediately after a disaster strikes we have to ask ourselves. What are we working with? What are our NEEDS?

- -Total number of Emergency Responders available.
- -Number of Trained Emergency Response Teams could be activated.
- -Number of vehicles available to our needs.
- -Where to deploy our resources.
- -Mutual-Aid agreements.
- -Multi-Agency resources.
- -Manpower
 - -Breaks?
 - -Food?
 - -Water?

Reevaluate your needs as often as possible, as they may change.

Rescue/Medical Needs

Do we have enough?

- -Ambulances
- -Back up Medics
- -Mutual-Aid agreements to use private Ambulance Units
- -Equipment on Ambulances?
- -Manpower (Recall Lists)
- -Fuel for units
- -Medical Supplies
- -Body Substance Isolation

Pre-Disaster Special Considerations

- Transfer of bedridden patients, expectant mothers and oxygen dependent patients to the local hospital.
- Evacuation of Individuals with special needs to a safe and secure place.
- Medications.
- Medical Equipment.

RE-CAP Pre-Disaster

HOME/SCHOOL

- Kids Be-Ready Drills
- Cleaning Lawns
- Secure home and surroundings
- Stock up on non-perishable foods/water
- Load water into bathtubs/containers
- Prepare for power outages



RE-CAP Pre-Disaster

- Emergency Medical Services
 - Restocking/Refueling Units
 - Recalling additional manpower
 - Transporting Special Needs Patients
 - Expectant mother's and bed ridden patients admitted to local hospital
 - Transferring patients/medical equipment to shelters or other residences.

RE-CAP Pre-Disaster

Emergency Management

- Shelters
- Water
- Communications

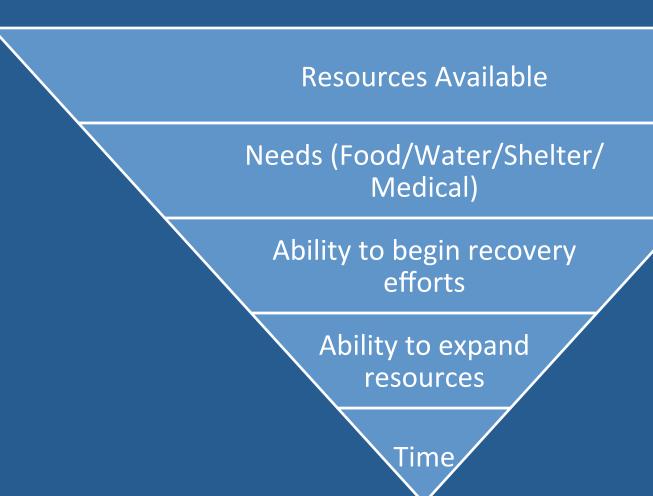
Emergency Services Lock Down

All Fire and EMS Units are grounded. You are essentially "on your own".
 During this time Emergency Dispatcher's still answer calls, but do not dispatch medic units. The EOC makes preparations to begin rescue operations and EMS prepares units for an influx of emergency runs once the lockdown is lifted.

*There has never been a loss of life directly linked to a natural disaster in the CNMI in over 50 years.

The Aftermath of a Disaster

How do we evaluate our response capabilities



Aftermath of a Disaster

Remember those 911 calls that Dispatcher's received during the lockdown?

- Emergency Units are deployed to assist individuals that have called into our 911 system for assistance.
- Groups are deployed to clear access roads. Villages are searched in a grid by rescue crews that clear hazards, identify the need for police or medical assistance.
- Power Authority crews are dispatched to deal with downed power lines.
- Families are slowly allowed to return home from shelters.

Aftermath of a Disaster

- Food Banks are set up by Red Cross, Local Community Groups and NPO's.
- Water Companies deliver water to shelters.
- Families that are unable to safely return home are moved into smaller shelters, volunteers take some families into their homes and house them temporarily.
- Individuals needing Medical Treatment or Medication are transported to the local hospital.

Aftermath of a Disaster

- Begin the Multi-Agency effort of restoring power and running water into homes.
- Families that "sheltered in place" begin the process of debris clearing.
- Restocking of much needed food, water and supplies.
- Community Effort

But at what Cost and to Whom?

- Local Non-Profit Organizations
- Volunteers
- Multi-Agency funding
- Community Donations
- Churches
- Public Officials
- Neighboring Islands/Surrounding Communities
- Community Groups
- Emergency Associations (Firefighter Association)
- Outreach

FUN FACT

Between 2-3 generations of families shelter in 1 household during storms, as a large part of our cultural past, this allows multiple generations to gather and share stories of our history. Although storms are not welcome, it provides a chance for families to unite. Family being the basis for almost all things in an island setting, these moments often become cherished memories for children as they grow.

Why should we cultivate a Disaster Preparedness Culture for our Children?

In 2014 we are now better equipped to predict a natural disaster. Warning systems are in place. Funding is at an all time high. Training is available. The ability to inform the masses through radio, television, news articles and email. There has never been as many resources available as there are right now. With so many avenues and options, the introduction of Disaster Preparedness into the home and school is no longer a difficult task.

Why should we cultivate a Disaster Preparedness Culture for our Children? WE OWE IT TO OUR CHILDREN

We owe our children the benefit of being able to



