Pediatric Emergency Care Applied Research Network (PECARN) – Developing Evidence & Its Implementation

Richard Ruddy, MD & Nathan Kuppermann, MD, MPH for PECARN



# **Conflict of Interest**

- None
- Federal funding (next page)



"This project is/was supported by the Health Resources and Services Administration (HRSA) of the U.S. Department of Health and Human Services (HHS) under cooperative agreements U03MC00008, U03MC00001, U03MC00003, *U03MC00006, U03MC00007, U03MC22684, and* U03MC22685. The information, content and/or conclusions are those of the author and should not be construed as the official position or policy of, nor should any endorsements be inferred by HRSA, HHS or the U.S. Government."



# Objectives

- Quick overview of PECARN who, what, where, ...
- Review some of the output & impact on pediatric care
- Involve the participants in next steps...



# What about PEM Research Networks?

- Pediatric conditions that are high risk are rare
- 90% of children seen in non-children's hospitals for emergency visits
- Ratio of clinicians to scientists in PEM is 'high' we love to practice
- PEM we don't have an organ system or pediatric specific institute – low % of funding dollars for children



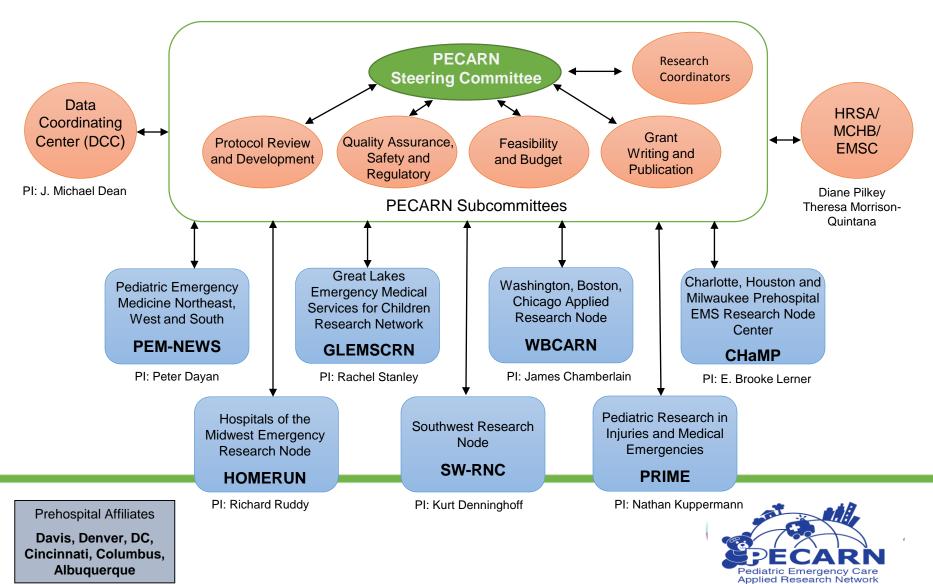
# **PECARN** Goals

- Develop new evidence
- Implement best practice across the continuum of EMSC
- Develop next generation of EMSC researchers
- Develop & initiate prehospital funded research
- Meet performance goals enrollment & quality

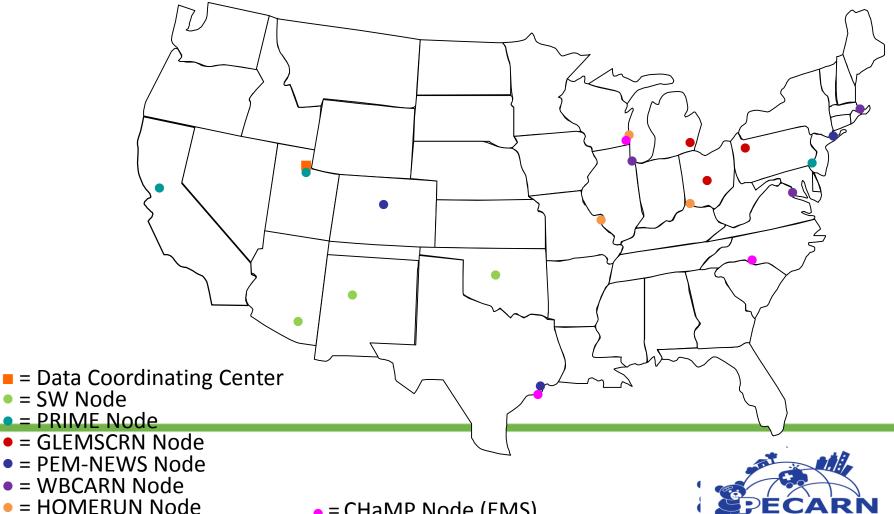




### **PECARN – Network Structure**



## The Pediatric Emergency Care Applied Research Network (PECARN) – since 2015 – Seven nodes & DCC



• = CHaMP Node (EMS)

Applied Research Network

# Research Studies and Content Working Groups

- Registry / Core Data set
- EMSA Prehospital Study & Working Group
- Respiratory / Asthma
- Evaluation of Trauma
- Evidence Development
- Knowledge Translation
- STI Interventions / Prevention

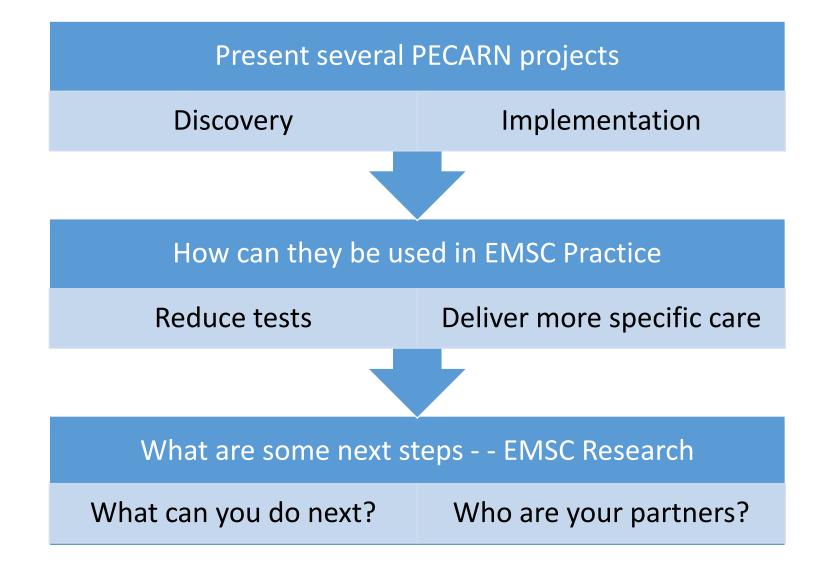
- Study Specific
  - Mental health screening,
  - ETOH Screening,
  - Probiotics
  - DKA
  - Febrile infants / RNA Biosignatures
  - TXA for pediatric trauma
  - Sepsis screening
  - Safety / Diagnostic errors
- Mentoring Future investigators



# Who can Submit a PECARN Proposal?

- Good ideas / concepts should be submitted through one of the 7 nodes – to a PI
- Projects can be done through nodal / non-PECARN process if small
- Formal PECARN proposals go through a 'rigorous' vetting from the Steering Committee - - to enhance the product







# Outline for each project

### Discovery / Evidence Development

- What is the aim(s) of our research project?
- What are our methods that will get us there?
- What is the result / outcome from the new discovery / evidence?

### QI / Implementation Science

- What are we trying to do?
- What is our plan / change to get results?
- How we will know it helped?



# Cervical Spine – Immobilization / Injury

#### Factors Associated With Cervical Spine Injury in Children After Blunt Trauma

Presented at the Pediatric Academic Societies annual meeting, May 2009, Baltimore, MD; and the Society of Academic Emergency Medicine annual meeting, May 2009, New Orleans, LA.

Julie C. Leonard, MD, MPH Anton Kuppermann, MD, MPH, Cody Olsen, MS, Lynn Babcock-Cimpello, MD, MPH, Kathleen Brown, MD, Prashant Mahajan, MD, MPH, Kathleen M. Adelgais, MD, Jennifer Anders, MD, Dominic Borgialli, DO, MPH, Aaron Donoghue, MD, MSCE, John D. Hoyle Jr, MD, Emily Kim, MPH, Jeffrey R. Leonard, MD, Kathleen A. Lillis, MD, Lise E. Nigrovic, MD, MPH, Elizabeth C. Powell, MD, MPH, Greg Rebella, MD, MS, Scott D. Reeves, MD, Alexander J. Rogers, MD, Curt Stankovic, MD, Getachew

Teshome, MD, MPH, David M. Jaffe, MD, Pediatric Emergency Care Applied Research Network

\* Participating centers and investigators are listed in the Appendix .

#### PlumX Metrics

DOI: http://dx.doi.org/10.1016/j.annemergmed.2010.08.038

E Article Info

Abstract Full Text Images References

#### Study objective

Cervical spine injuries in children are rare. However, immobilization and imaging for potential cervical spine injury after trauma are common and are associated with adverse effects. Risk factors for cervical spine injury have been developed to safely limit immobilization and radiography in adults, but not in children. The purpose of our study is to identify risk factors associated with cervical spine injury in children after blunt trauma.

#### Methods

We conducted a case-control study of children younger than 16 years, presenting after blunt trauma, and who received cervical spine radiographs at 17 hospitals in the Pediatric Emergency Care Applied Research Network (PECARN) between January 2000 and December 2004. Cases were children with cervical spine injury. We created 3 control groups of children free of cervical spine injury: (1) random controls, (2) age and mechanism of injury-matched controls, and (3) for cases receiving out-of-hospital emergency medical services (EMS), age-



# Cervical Spine – Immobilization / Injury

#### What question this study addressed

The authors performed a case-control study and multiple logistic regression using Pediatric Emergency Care Applied Research Network (PECARN) data on children younger than 16 years to identify cervical spine injury predictors.

What this study adds to our knowledge Using 540 cases and 1,060 controls, the authors developed an 8-risk-factor model that, when all were absent, had a sensitivity of 98% and a specificity of 26%.

Ann Emerg Med. 2011;58:145-155



# 8 predictors of C-Spine Injury

- Altered mental status
- Focal neurologic deficits
- Complaint of neck pain
- Torticollis

- Substantial torso injury
- Predisposing condition
- Diving mechanism
- High risk MVC



Cervical Spine – Immobilization / Injury

# What next?

NIH R21 then R01 to develop and refine prediction rule for CSI in both prehospital and ED setting

- Immobilize less
- Image less

Ann Emerg Med. 2011;58:145-155



# Decision Rules for Acute Neuroimaging after Head Trauma



## Epidemiology of Pediatric Head Trauma

- Trauma the leading cause of death inchildren > 1 year
- Traumatic brain injury (TBI) the leading cause of death and disability due to trauma (> 70% of deaths)
- On an annual basis in the U.S., blunt head trauma in children results in:
  - 6,000 deaths
  - 60,000 hospitalizations
  - 620,000 ED visits (~50% evaluated with CT scans, use of CT increasing over the past decade, much variability in care)



Identification of children at very low risk of clinicallyimportant brain injuries after head trauma: a prospective cohort study

- Prospective observational study with > 40,000 children with GCS 14-15
- Derivation of low risk findings
- Validation of rule in subsequent population

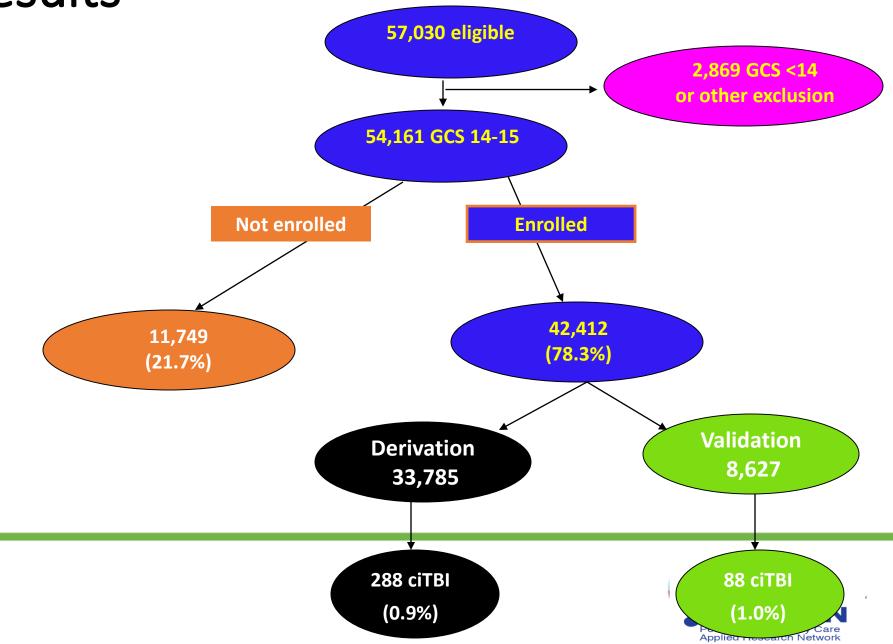


## **The PECARN Head Injury Study**

Goal: to derive a clinical decision rule to accurately identify children at near zero risk of clinically important traumatic brain injuries after blunt trauma with high accuracy and wide generalizability



# Results



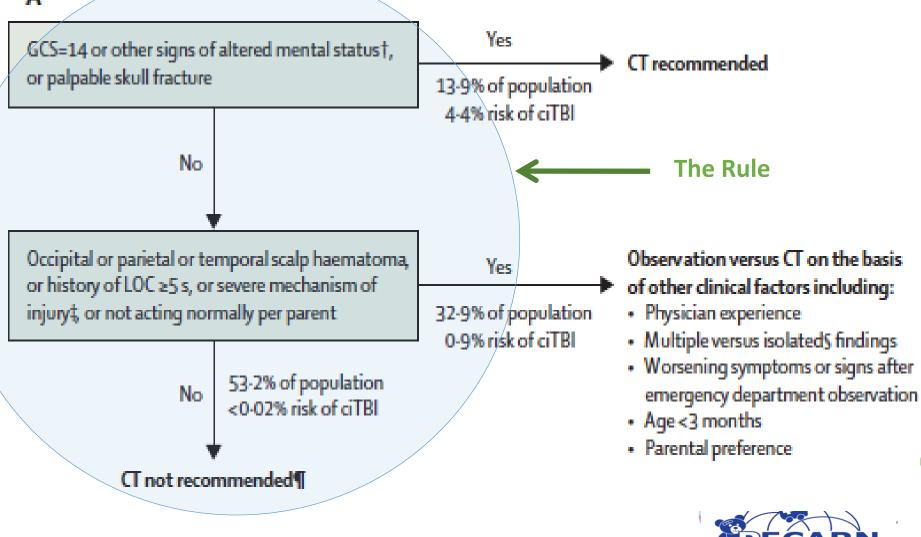
# The PECARN TBI Rules (derived and validated)

*Children are at very low risk of clinically-important traumatic brain injury (TBI) if they meet all criteria in age-specific rule:* 

	<u>Children &lt; 2 years</u>	Children 2-18 years	
$\langle$	1. Severe mechanism of injury	1. Severe mechanism of injury	
	2. History of LOC > 5 sec	2. History of LOC	
(	3. GCS = 14 or other signs of $($	3. GCS = 14 or other signs of	
	altered mental status	altered mental status	
	4. Not acting normally per parent	4. History of vomiting	
	5. Palpable skull fracture	5. Severe headache in the ED	
	6. Occipital/parietal/temporal scalp	6. Signs of basilar skull fracture	
	hematoma		

## **Recommendations for children younger than 2**

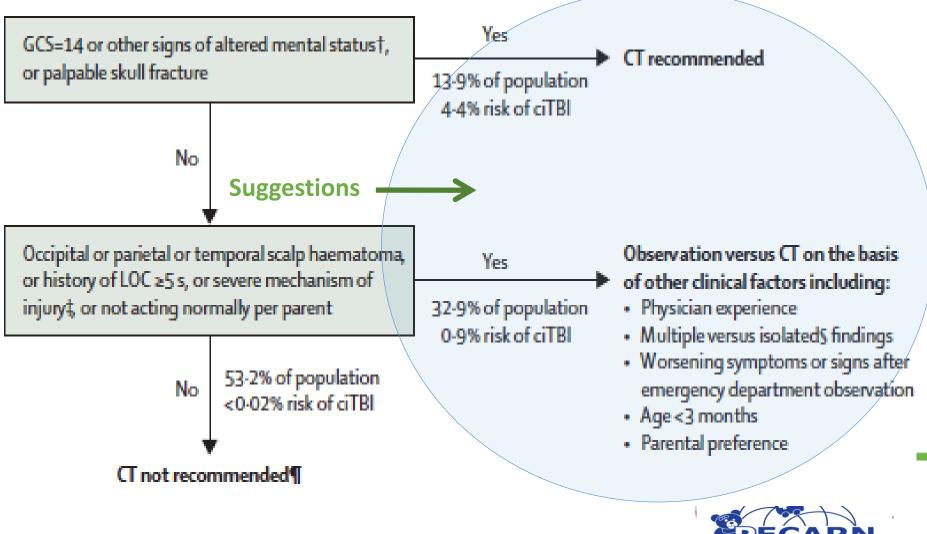




Pediatric Emergency Care Applied Research Network

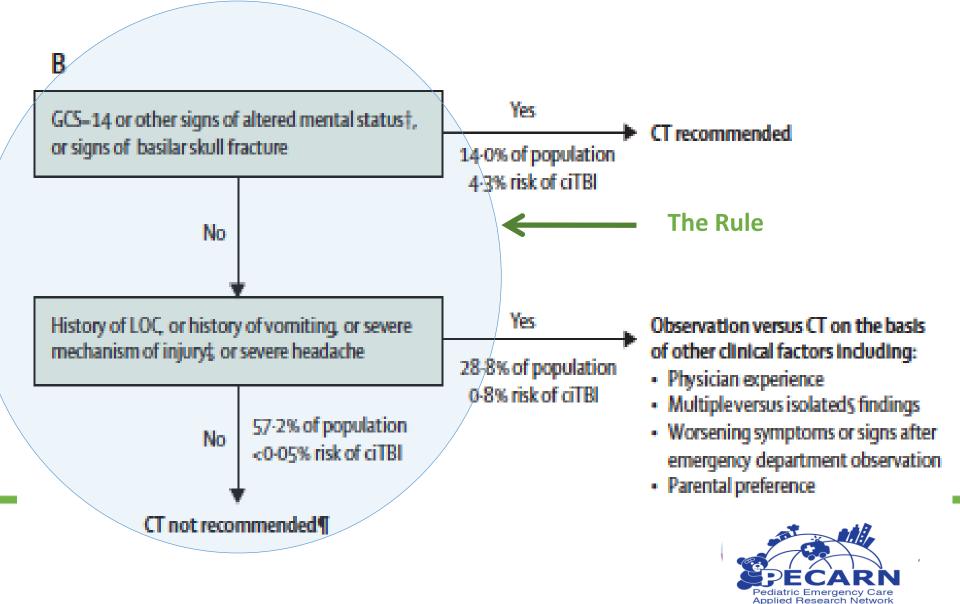
## **Recommendations for children younger than 2**

#### A

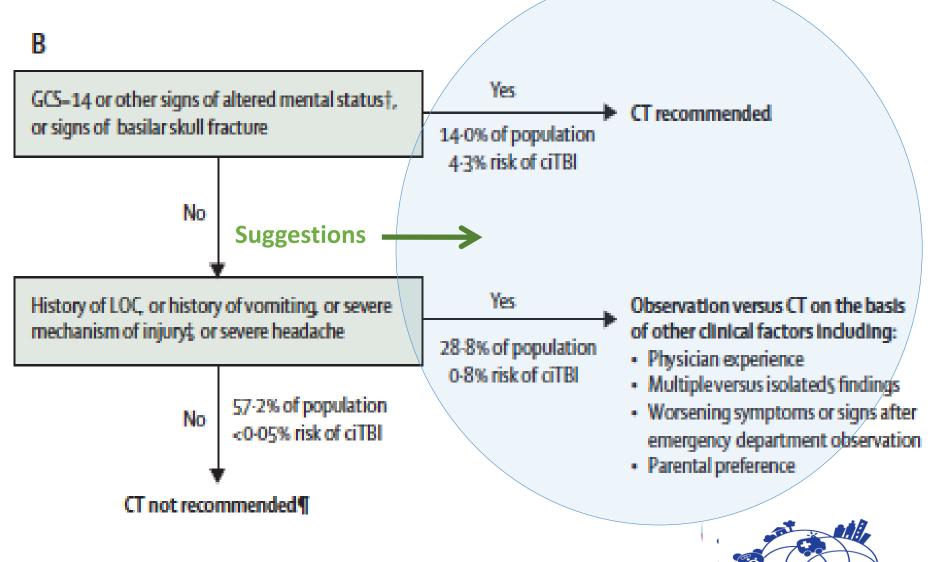


Applied Research Network

## **Recommendations for children 2 years and older**



## **Recommendations for children 2 years and older**



Pediatric Emergency Care

#### ➔ Ø Identification of children at very low risk of clinically-important brain injuries after head trauma: a prospective cohort study

Nathan Kuppermann, James F Holmes, Peter S Dayan, John D Hoyle, Jr, Shireen M Atabaki, Richard Holubkov, Frances M Nadel, David Monroe, Rachel M Stanley, Dominic A Borgialli, Mohamed K Badawy, Jeff E Schunk, Kimberly S Quayle, Prashant M ahajan, Richard Lichenstein, Kathleen A Lillis, Michael G Tunik, Elizabeth S Jacobs, James M Callahan, Marc H Gorelick, Todd F Glass, Lois K Lee, Michael C Bachman, Arthur Cooper, Elizabeth C Powell, Michael J Gerardi, Kraig A Melville, J Paul Muizelaar, David H Wisner, Sally Jo Zuspan, J Michael Dean, Sandra L Wootton-Gorges, for the Pediatric Emergency Care Applied Research Network (PECARN)\*

#### Summary

Published Online September 15, 2009 DOI:10.1016/S0140-6736(09)61558-0 See Comment page 1127 \*Members listed at end of paper

Lancet 2009; 374: 1160-70

Background CT imaging of head-injured children has risks of radiation-induced malignancy. Our aim was to identify children at very low risk of clinically-important traumatic brain injuries (ciTBI) for whom CT might be unnecessary.

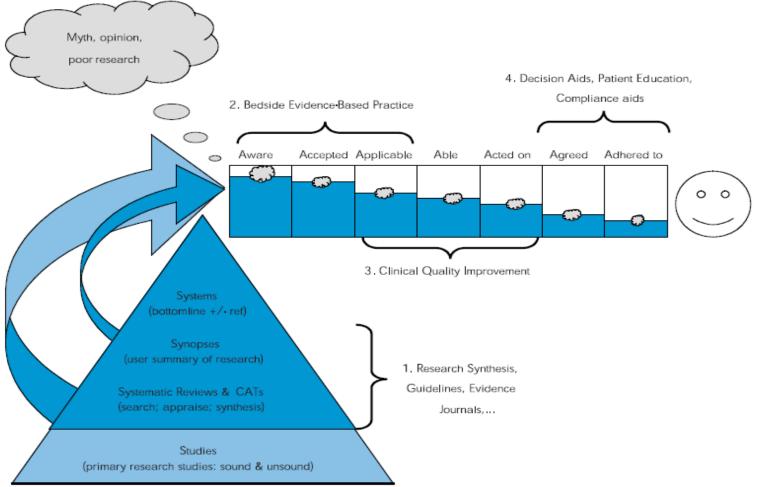
Methods We enrolled patients younger than 18 years presenting within 24 h of head trauma with Glasgow Coma Scale scores of 14–15 in 25 North American emergency departments. We derived and validated age-specific prediction rules for ciTBI (death from traumatic brain injury, neurosurgery, intubation >24 h, or hospital admission  $\geq$ 2 nights).



## How to get clinicians to use the prediction rules?



## **Knowledge Translation Pipeline**



The research-to-practice pipeline. New research, of varying soundness, is added to the expanding pool and enters practice both directly or is reviewed, summarised, and systematised (delay) before entering practice, with leakage occurring at each of several stages between awareness and patient outcome. Different knowledge translation disciplines focus on different parts of the pipeline (1-4).

#### Glasziou and Haynes, 2005



## Challenges to Knowledge Translation using Computerized Algorithms The human brain

Shankar Vedantam (author of "*The Hidden Brain*" and NPR social science correspondent) and Berkeley Dietvorst (Wharton doctoral student)

- Even though algorithms typically outperform humans, we are distrustful of algorithms
- People fail to use algorithms even when they see it outperform humans
- Humans fear machines ("algorithmic aversion")





## Translating Research into Practice What PECARN is doing...



#### Use of Traumatic Brain Injury Prediction Rules With Clinical Decision Support

Peter S. Dayan, MD, MSo,<sup>a</sup> Dustin W. Ballard, MD, MBE,<sup>a,c</sup> Eric Tham, MD,<sup>a</sup> Jaff M. Hoffman, MD,<sup>a</sup> Marguerite Swietlik, MSN, RN,<sup>a</sup> Sara J. Deakyne, MPH,<sup>a</sup> Bvaline A. Alessandrini, MD, MSCE,e Leah Tzimenatos, MD,<sup>a,j</sup> Lait Bajaj, MD, MPH,<sup>a</sup> David R. Vinson, MD,<sup>a,j</sup> Dustin G. Mark, MD,<sup>a</sup> Stove R. Offerman, MD,<sup>a</sup> Uli K. Chettipally, MD, MPH,<sup>a</sup> Marilyn D. Paterne, MSBI,<sup>a</sup> Molly H. Schaeffer, MSo,<sup>a</sup> Jun Wang, MS,<sup>a</sup> T. Charles Casper, PhD,<sup>a</sup> Howard S. Goldberg, MD,<sup>a,p</sup> Robert W. Crundmeier, MD,<sup>a</sup> Nathan Kuppermann, MD, MPH,<sup>a,j</sup> for the Pediatric Emergency Care Applied Research Network (PECARN), Clinical Research on Emergency Services and Treatment (CREST) Network, and Partners Healthcare; Traumatic Brain Injury-Knowledge Translation Study Group

Research Network (PECARN) traumatic brain injury (TBI) prediction rules and providing risks of clinically important TBIs (ciTBIs) with computerized clinical decision support (CDS) reduces computed tomography (CT) use for children with minor head trauma.

memory: Nonrandomized trial with concurrent controls at 5 pediatric emergency departments (PEDs) and 8 general EDs (GEDs) between November 2011 and June 2014. Patients were <18 years old with minor blunt head trauma. Intervention sites received CDS with CT recommendations and risks of ciTBI, both for patients at very low risk of ciTBI (no Pediatric Emergency Care Applied Research Network rule factors) and those not at very low risk. The primary outcome was the rate of CT, analyzed by site, controlling for time trend.

**EXAMPLE** We analyzed 16 635 intervention and 2394 control patients. Adjusted for time trends, CT rates decreased significantly (P < .05) but modestly (2.3%-3.7%) at 2 of 4 intervention PEDs for children at very low risk. The other 2 PEDs had small (0.8%-1.5%) nonsignificant decreases. CT rates did not decrease consistently at the intervention GEDs, with low baseline CT rates (2.1%-4.0%) in those at very low risk. The control PED had little change in CT use in similar children (from 1.6% to 2.9%); the control GED showed a decrease in the CT rate (from 7.1% to 2.6%). For all children with minor head trauma, intervention sites had small decreases in CT rates (1.7%-6.2%).

concusions: The implementation of TBI prediction rules and provision of risks of ciTBIs by using CDS was associated with modest, safe, but variable decreases in CT use. However, some secular trends were also noted. abstract

Pediatrics 2017



## Specific Aims

- 1. To develop and pilot test a computer-based data collection and recommendation system to implement the PECARN TBI prediction rules.
- 2. To assess whether this system decreases the number of (unnecessary) head CTs in the ED in children at very low risk of important brain injuries.



## Blunt Head Trauma Assessment

Blunt Head Trauma Assessment (skip any question if unable to determine answer)								
Blunt head trauma?	No Yes - less than 24 hou	rs ago Yes - more than 24 hours ago 📃 💽						
Loss of consciousness?	No Yes - less than 5 secon Yes - duration unclear	ds Yes - 5 seconds up to one minute Yes - 1 minute or longer						
Vomiting since injury? No Once Twice Three or more times								
Acting normally per caregiver?	Yes No 🔟 💽	Other signs of altered No Yes 🗾 💽						
Severe mechanism of injury?	No Yes 🔟 💽	Row Information:						
Current headache?	No Mild Moderate	Other signs of altered mental status defined as any of the following:						
Other signs of altered mental status?	No Yes 🔟 💽 🖌	Agitation						
Temporal, parietal, or occipital scalp hematoma?	No Yes 🗕 💽 🔹 R	Somnolence Repetitive questioning						
GCS		Slow response to verbal communication						
Eye Opening 4321 🔎 📐 Temp		Temporal, parietal, or						
Verbal Response	54321 🔎 🗵							
Motor Response 654321 🔎 🖻 💽								
Total GCS								



## Decision Support: Patient < 2 years who meets rule

Traumatic Brain Injury Risk: Child less than 2 years

RECOMMENDATION: A head CT is not recommended for this patient based on the absence of any of the PECARN prediction rule variables.

Risk Estimate: The risk of clinically-important traumatic brain injury for patients less than 2 years is < 1/5000

Importantly, the PECARN rules were based on attending initial evaluations (not based on subsequent evaluations over time).

 The age-specific PECARN rule findings documented are:
 Loss of consciousness?:
 No

 Acting normally per caregiver?:
 Yes
 Mechanism of injury?:
 Mild

 Total Glasgow Coma Scale score:
 15
 Other signs of altered mental status?:
 No

 Scalp hematoma?:
 No ne
 Palpable skull fracture or unclear on the basis of

swelling or distortion of the scalp?: No If the above clinical findings are incorrect, please revise.

Note: The PECARN prediction rules do not apply to patients with: bleeding diatheses, ventricular (e.g. "VP") shunts, known brain tumors, or pre-existing neurological disorders complicating your clinical assessment.

Click here to view the PECARN prediction rule manuscript (Lancet)

5 Click to provide a revised risk assessment



CT rates in patients with minor blunt head trauma at very low risk of clinicallyimportant TBI (N=7,482) at intervention EDs before and after implementation of CDS (*adjusted for time trends*)

EDs	Months Before CDS <sup>*</sup>	Months After CDS <sup>*</sup>	CT rate before CDS	CT rate after CDS	Unadjusted Odds Ratio	Adjusted Odds Ratio (95% CI) <sup>**</sup>	P value <sup>**</sup>
Intervention PED 1	13.1	10.1	52/963 (5.4%)	22/705 (3.1%)	0.56	0.56 (0.34 , 0.94)	0.03
Intervention PED 2	14.2	12.0	18/434 (4.1%)	7/264 (2.7%)	0.63	0.60 (0.25 , 1.47)	0.3
Intervention PED 3	13.2	10.1	65/809 (8.0%)	39/898 (4.3%)	0.52	0.49 (0.32 , 0.74)	<.001
Intervention PED 4	9.6	15.7	22/158 (13.9%)	42/319 (13.2%)	0.94	0.66 (0.24 , 1.87)	0.4
Intervention GED 1	15.7	12.3	7/341 (2.1%)	10/391 (2.6%)	1.25	1.25 (0.47 , 3.33)	0.7
Intervention GED 2	15.7	12.3	15/556 (2.7%)	23/521 (4.4%)	1.67	1.78 (0.92 , 3.47)	0.09
Intervention GED 3	15.6	12.3	3/88 (3.4%)	3/165 (1.8%)	0.52	0.52 (0.07 , 3.91)	0.7
Intervention GED 4	15.6	12.3	12/303 (4.0%)	16/567 (2.8%)	0.70	3.30 (0.60 , 22.08)***	0.2
All			194/3,652	162/3,830	0.79	0.72 (0.53 , 0.99)	0.04
Intervention EDs			(5.3%)	(4.2%)			
Control $PED^{\dagger}$	+	+	6/378 (1.6%)	12/418 (2.9%)	1.83	1.85 (0.69 , 4.98)	0.2
Control $\text{GED}^{\dagger}$	+	+	22/311 (7.1%)	10/385 (2.6%)	0.38	0.35 (0.16 , 0.75)	0.007

CT rates in all patients with minor blunt head trauma (N=16,635) at intervention EDs before and after CDS (adjusted for time trends)

EDs	CT Rate Before CDS	CT Rate After CDS	Unadjusted Odds Ratio (95% CI)	Adjusted Odds Ratio (95% CI)*	P value
Intervention PED 1	tervention PED 1 474/2,366 (20.0%)		0.79 (0.67, 0.93) 0.78 (0.67, 0.92)		0.004
Intervention PED 2	tervention PED 2 187/1,438 (13.0%)		0.85 (0.67, 1.09) 0.84(0.66, 1.07)		0.2
Intervention PED 3	389/1,930 (20.2%)	273/1,912 (14.3%)	0.66 (0.56, 0.78)	0.66 (0.56 , 0.78)	<.001
Intervention PED 4	288/596 (48.3%)	447/1,002 (44.6%)	0.86 (0.70, 1.06)	0.86 (0.70 , 1.05)	0.1
Intervention GED 1	68/535 (12.7%)	53/550 (9.6%)	0.73 (0.50, 1.07)	0.73 (0.50 , 1.07)	0.1
Intervention GED 2	177/1,056 (16.8%)	100/830 (12.0%)	0.68 (0.52, 0.89)	0.80 (0.48 , 1.36)	0.4
Intervention GED 3	25/167 (15.0%)	29/249 (11.6%)	0.75 (0.42, 1.33)	0.74 (0.41 , 1.31)	0.3
Intervention GED 4	81/480 (16.9%)	87/815 (10.7%)	0.59 (0.42, 0.82)	0.93 (0.50 , 1.72)	0.8
All Intervention EDs	1,689/8,568 (19.7%)	1,381/8,067 (17.1%)	0.84 (0.78, 0.91)	0.91 (0.86, 0.97)	0.002
Control PED <sup>†</sup>	90/638 (14.1%)	86/688 (12.5%)	0.87 (0.63, 1.19)	0.86 (0.63, 1.18)	0.3
Control $\text{GED}^{\dagger}$	81/521 (15.5%)	63/547 (11.5%)	0.71 (0.50, 1.01)	0.71 (0.50, 1.02)	0.06



CT rates in patients with minor blunt head trauma who were not at very low risk for ciTBI by PECARN TBI prediction rule criteria (N=7,117) at intervention EDs before and after CDS (adjusted for time trends)

EDs	CT Rate Before CDS	CT Rate After CDS	Unadjusted Odds Ratio (95% CI)	Adjusted Odds Ratio (95% CI)*	P value*
Intervention PED 1	405/1,206 (33.6%)	241/790 (30.5%)	0.87 (0.72, 1.05)	0.87 (0.72 , 1.05)	0.2
Intervention PED 2	154/657 (23.4%)	94/444 (21.2%)	0.88 (0.66, 1.17)	0.88 (0.66 , 1.17)	0.4
Intervention PED 3	295/890 (33.1%)	223/818 (27.3%)	0.76 (0.61, 0.93)	1.36 (0.87 , 2.13)	0.2
Intervention PED 4	249/362 (68.8%)	380/586 (64.8%)	0.84 (0.63, 1.11)	1.15 (0.65 , 2.05)	0.6
Intervention GED 1	59/154 (38.3%)	41/131 (31.3%)	0.73 (0.45, 1.20)	0.73 (0.45 , 1.21)	0.2
Intervention GED 2	154/372 (41.4%)	76/236 (32.2%)	0.67 (0.48, 0.95)	0.68 (0.48 , 0.96)	0.03
Intervention GED 3	21/66 (31.8%)	25/70 (35.7%)	1.19 (0.58, 2.43)	1.20 (0.58 , 2.44)	0.6
Intervention GED 4	66/139 (47.5%)	70/196 (35.7%)	0.61 (0.39, 0.96)	0.64 (0.41 , 1.00)	0.05
All intervention EDs	1,403/3,846 (36.5%)	1,150/3,271 (35.2%)	0.94 (0.86, 1.04)	1.03 (0.91 , 1.17)	0.6
Control PED	84/230 (36.5%)	70/223 (31.4%)	0.80 (0.54, 1.17)	0.79 (0.53, 1.18)	0.2
Control GED	58/157 (36.9%)	52/117 (44.4%)	1.37 (0.84, 2.22)	1.35 (0.82, 2.21)	0.2



Torso trauma is the second leading cause of death from trauma and hemorrhage is the leading etiology

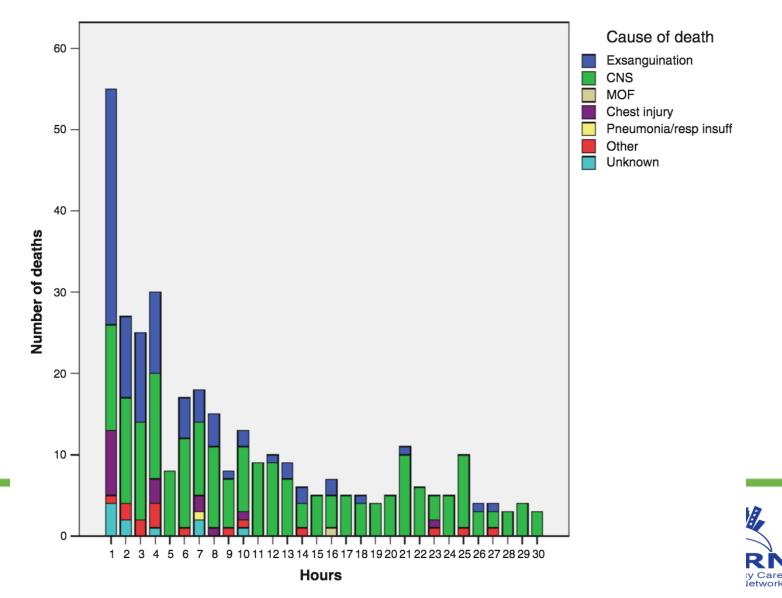


# Trauma is the leading cause of morbidity and mortality in children in the US

Rank	<1	1-4	5-9	10-14	15-24
1	Congenital Anomalies 5,107	Unintentional Injury 1,394	Unintentional Injury 758	Unintentional Injury 885	Unintentional Injury 12,341
2	Short Gestation 4,148	Congenital Anomalies 507	Malignant Neoplasms 439	Malignant Neoplasms 477	Homicide 4,678
3	SIDS 2,063	Homicide 385	Congenital Anomalies 163	Suicide 267	Suicide 4,600
4	Maternal Pregnancy Comp. 1,561	Malignant Neoplasms 346	Homicide 111	Homicide 150	Malignant Neoplasms 1,604
5	Unintentional Injury 1,110	Heart Disease 159	Heart Disease 68	Congenital Anomalies 135	Heart Disease 1,028
6	Placenta Cord. Membranes 1,030	Influenza & Pneumonia 91	Chronic Low Respiratory Disease 60	Heart Disease 117	Congenital Anomalies 412
7	Bacterial Sepsis 583	Septicemia 62	Cerebro- vascular 47	Chronic Low Respiratory Disease 73	Cerebro- vascular 190
8	Respiratory Distress 514	Benign Neoplasms 59	Benign Neoplasms 37	Benign Neoplasms 45	Influenza & Pneumonia 181
9	Circulatory System Disease 507	Perinatal Period 52	Influenza & Pneumonia 37	Cerebro- vascular 43	Diabetes Mellitus 165
10	Necrotizing Enterocolitis 472	Chronic Low Respiratory Disease 51	Septicemia 32	Septicemia 35	Complicated Pregnancy 163



# In the initial 24 hours after injury, hemorrhage is the leading cause of death



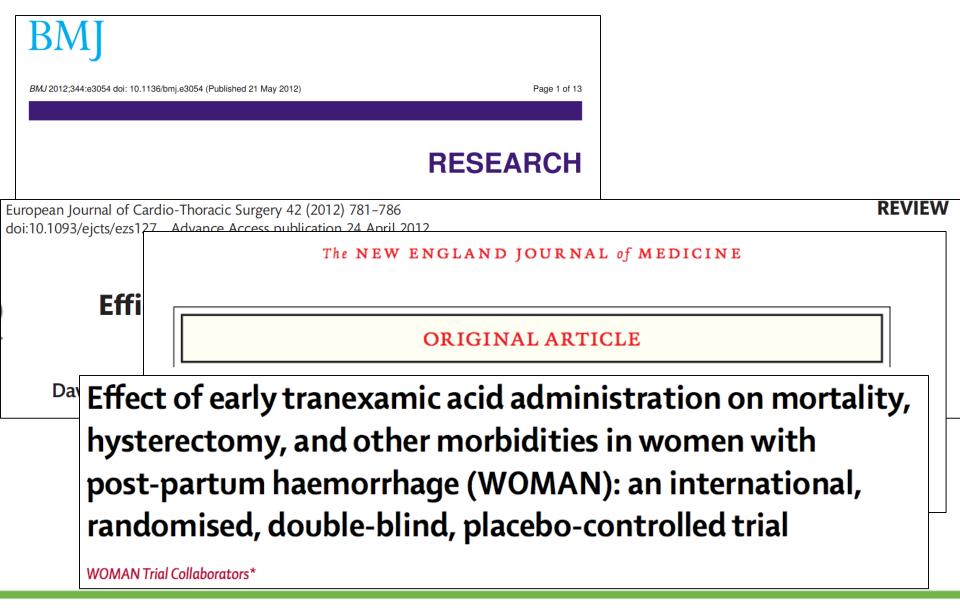
# There are no drug treatments for injured children to improve outcomes



# Tranexamic Acid (TXA)

- Antifibrinolytic agent
- FDA approved for hemophilia and menorrhagia
- Most frequently used for pediatric and adult surgery
- Inexpensive
- Safe







Effects of tranexamic acid on death, vascular occlusive events, and blood transfusion in trauma patients with significant haemorrhage (CRASH-2): a randomised, placebo-controlled trial

CRASH-2 trial collaborators\*

- 20,000+ adults with significant hemorrhage
- Randomized to TXA or placebo
- All-cause mortality: TXA 1463 [14.5%] vs. Placebo 1613 [16.0%], NNT = 67
- No increase in adverse events





#### VIEWPOINT

#### Tranexamic acid in pediatric trauma: why not?

Suzanne Beno<sup>1\*</sup>, Alun D Ackery<sup>2</sup>, Jeannie Callum<sup>3</sup> and Sandro Rizoli<sup>2</sup>

#### The PREDICT DELPHI STUDY:

Establishing the Research Priorities of Paediatric Emergency Medicine Physicians in Australia and New Zealand

9 In paediatric patients who sustain blunt trauma with haemodynamic instability, does early tranexamic acid 15mg/kg (5.02) compared to placebo improve mortality and reduce morbidity?



5

What are the Research Priorities of Paediatric Emergency Medicine (PEM) Clinicians in the United Kingdom & Ireland? - an International Survey



<sup>1</sup>S Hartshorn, <sup>2</sup>C Bevan, <sup>3</sup>F Cleugh, <sup>4</sup>M Lyttle, <sup>3</sup>I Maconochie, <sup>5,6</sup>R O'Sullivan

In paediatric major trauma patients with major haemorrhage does IV tranexamic acid compared to no treatment reduce mortality and morbidity?





Can we improve the identification & management of occult depression in teenagers?

Grant Number: 5U01MH104311-02 REVISED FAIN: U01MH104311

Principal Investigator(s): David A. Brent, MD JACQUELINE M GRUPP-PHELAN, MD CHERYL A KING (contact), PHD Emergency Department Screen for Teens at Risk for Suicide (ED-STARS) PECARN Protocol Number 033

> Pediatric Emergency Care Applied Research Network National Institute of Mental Health (NIMH)



# Screening of Teens for Mental Health / Depression

#### Prioritizing Research to Reduce Youth Suicide and Suicidal Behavior

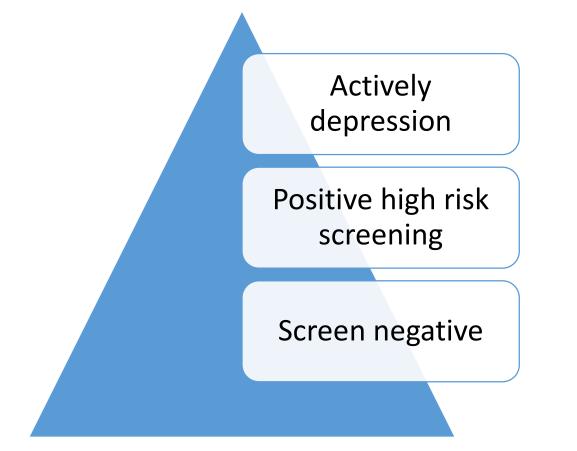
Jeffrey A. Bridge, PhD, Lisa M. Horowitz, PhD, MPH, Cynthia A. Fontanella, PhD, Jackie Grupp-Phelan, MD, MPH, John V. Campo, MD

The goal of the National Action Alliance for Suicide Prevention is to reduce suicide and suicide attempts in the U.S. by 40% in the next decade. In this paper, a public health approach is applied to suicide prevention to illustrate how reductions in youth suicide and suicidal behavior might be achieved by prioritizing research in two areas: (1) increasing access to primary care-based behavioral health interventions for depressed youth and (2) improving continuity of care for youth who present to emergency departments after a suicide attempt. Finally, some scientific, clinical, and methodologic breakthroughs needed to achieve rapid, substantial, and sustained reductions in youth suicide and suicidal behavior are discussed.

(Am J Prev Med 2014;47(3S2):S229-S234) © 2014 American Journal of Preventive Medicine



## Depression management in EDs





## ED STARS - -

- Specific Aim 1. To develop an optimal suicide risk screen for youth presenting to the emergency department (ED). We will develop a personalized, computerized adaptive screen (CAS) and compare its psychometric properties (e.g., sensitivity, specificity, positive and negative predictive value) for predicting one or more suicide attempts to those of the Ask Suicide-Screening Questions (ASQ).
- Specific A im 2. To develop and validate a parsimonious CAS algorithm for risk stratification of youth to "high risk for suicide attempt" (high probability), "at risk" (need for mental health referral but no high risk) and "low risk" (low probability, no need for mental health referral) groups.

Aim 1 and 2 data is complete with 7000 patients enrolled at multiple PECARN sites.



## **ED** Stars

Specific Aim 3. To validate the CAS personalized suicide risk screen prospectively, examining its sensitivity and specificity for the 3-month prediction of suicide attempts.

Specific Aim 4. To determine if the IAT adds incrementally to the prediction of suicide attempts above and beyond CAS and ASQ scores.

Aim 3 and 4 begun in July – enrolling high risk and low risk patients to validate the CAS and if the IAT adds to prediction of attempts



What is the best treatment for ED / Prehospital management of status epilepticus after failure of benzodiazepine?

- Which secondary antiepileptic is most effective?
- Which is safer?





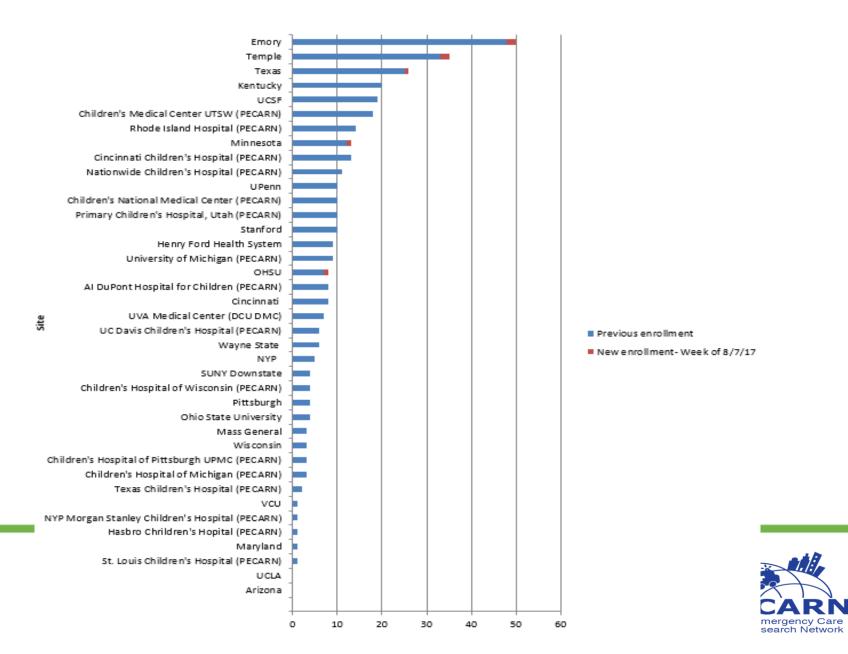
Funded through NINDS

# ESETT – Established Status Epilepticus Treatment Trial

- Partnership with neurology, general EM and PEM
- Life threatening and time sensitive condition - use of EFIC (exception from informed consent)
- Currently enrolling with pediatric enrollment ahead of schedule
- Randomization to one of three therapies valproic acid, fosphenytoin, levetiracetam
- Study procedures complete in 1 hour



#### ESETT Enrollment Status: August 7 - 13, 2017



### **Febrile infants - Background**

- 20 35 % of urban pediatric emergency department (ED) visits are for fever
- ~ 500,000 ED visits in the U.S. for infants 60 days or younger are for fever
- Many more to clinics and offices



# How can we better manage febrile infants (<2 months of age)

- Identification of etiology to improve management
- Reduce health services use in low risk infants
- Reduce admission for young infants who can be managed at home



# Newer data about UA and UTI in infants 0-2 months old with temp $\ge 38^{\circ}$ C

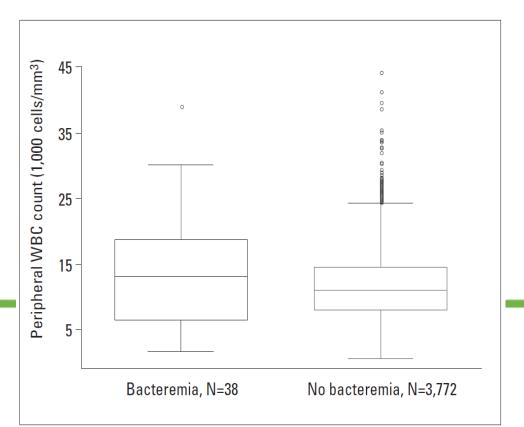
Urinary tract infections in 7-9%

- ◆ Sensitivity of UA ~ 85-95%
- Dipstick (LE) only slightly less sensitive than full UA
  - Lack of inflammation likely asymptomatic bacteruria
- Urine concentration matters (3 vs 6 WBC/HPF)
- ◆ UA sensitivity close to 100% in bacteremic UTIs



#### Newer data about WBC thresholds and IBI

 Much data suggest that the peripheral WBC at either end of the spectrum is **not** a good screen for bacteremia/bacterial meningitis (*Bonsu 2003*)



#### Table 1.

Test sensitivity and specificity at various thresholds of the total peripheral WBC count among febrile infants aged 0 to 89 days.

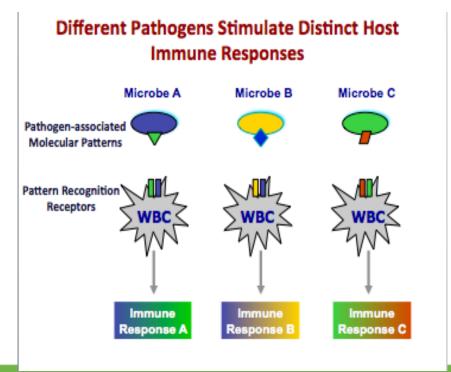
WBC Cutoff (1,000s/mm <sup>3</sup> )	Bacteremia (N=38)	Sensitivity, % <sup>*</sup> (95% CI)	No Bacteremia (N=3,772)	Specificity, %* (95% CI)
≥5	30	79 (63-90)	201	5 (46)
≥10	23	61 (43-76)	1,581	42 (40-44)
≥15	17	45 (29-62)	2,928	78 (76–79)
≥20	9	24 (11-40)	3,517	93 (92-94)
≥25	5	13 (4-28)	3,700	98 (97-99)
≥30	2	5 (1-2)	3,758	99 (99-100)
<5 or ≥15	25	66 (49-80)	2,727	72 (71–74)
<5 or ≥20	17	45 (29-62)	3,316	88 (87-89)

\*Sensitivity is the number of bacteremic infants with test results above the WBC count cutoff (or within the appropriate interval). Specificity is the number of nonbacteremic infants with test results below the WBC count cutoff (or outside the appropriate interval).

#### The Next Frontier

#### **RNA Transcription Biosignatures**

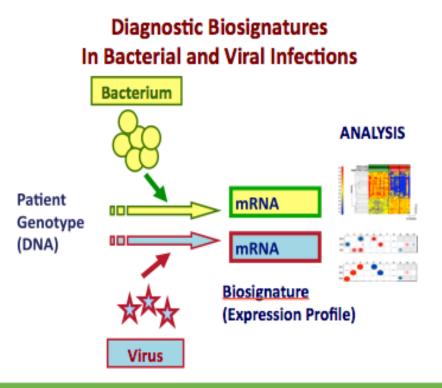
Alternative to pathogen identification: Measure the host response to infection by measuring gene





#### **The Next Frontier**

#### **RNA Transcription Biosignatures**

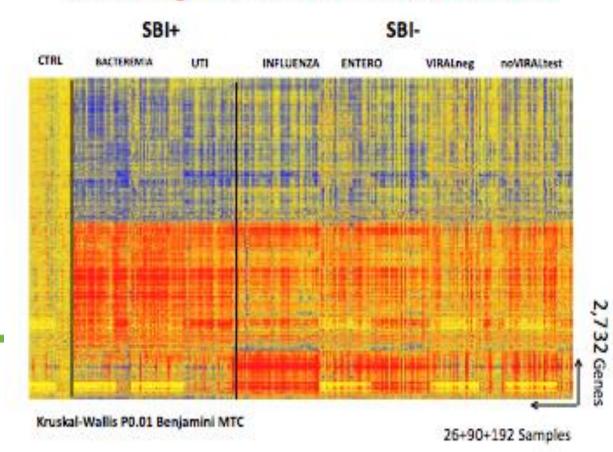




#### **The Next Frontier**

#### **RNA Transcription Biosignatures**

#### **RNA Biosignatures in SBI + and SBI - Infants**



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JAMA | Preliminary Communication | INNOVATIONS IN HEALTH CARE DELIVERY

#### Association of RNA Biosignatures With Bacterial Infections in Febrile Infants Aged 60 Days or Younger

Damien Chaussabel, PhD; T. Charles C Atabaki, MD, MPH: Jonathan E, Benne Lorin Browne, DO; Daniel M. Cohen, N Richard Greenberg, MD; John D. Hoyl Jared Muenzer, MD; Lise E. Nigrovic, I Richard M. Ruddy, MD; Mary Saunder. Octavio Ramilo, MD: for the Pediatric

Prashant Mahajan, MD, MPH, MBA; Nathan Kunnermann, MD, MPH: Asuncion Meijas, MD, PhD: Nicolas Suarez, PhD: Key Points 4 AD: Question Can the host response measured by RNA biosignatures J. MD: . PhD: distinguish young febrile infants with and without bacterial infections? BA:

> Findings In this prospective observational study of 279 febrile infants 60 days or younger, 66 classifier genes distinguished infants with and without bacterial infections with 87% sensitivity and 89% specificity. Ten classifier genes distinguished infants with bacteremia from those without bacterial infections with 94% sensitivity and 95% specificity.

Meaning In this preliminary study, host RNA biosignatures accurately distinguished febrile infants 60 days or younger with and without bacterial infections.

# Diabetic ketoacidosis and cerebral injury: *Do fluids make a difference?*



# **DKA - epidemiology**

- 64% of all deaths in children with diabetes are associated with DKA
- Of pediatric deaths due to diabetes, 83-97% are caused by DKA
- 62-63% of DKA-related deaths in children are the result of cerebral injury/edema



# What causes cerebral injury in DKA? (traditional view)

- Cerebral edema occurs in a small minority of DKA episodes (~1%)
- Edema and increased ICP in these patients leads to cerebral injury
- Variations in DKA treatment likely play an important role in causing cerebral edema, particularly when DKA treatment leads to a rapid decline in osmolality



### The fluid controversy What has spooked us, and motivated us



## The fluid controversy What has spooked us, and motivated us

Case series of 40 children with DKA and CE:

"Only 4 of 40 cases occurred at fluid intakes less than or equal to 4.0 L/m2/day" (*J Pediatr* 1988)



# The fluid controversy What has spooked us, and motivated us

### **Editorial:**

" Emergency resuscitation should not be given unless .... shock ... If emergency phase needed, aliquots of 5-10 cc/kg ..... brain swelling during treatment of severe DKA is a tragedy that now may be prevented"
(J Pediatr 1988)

> Pediatric Emergency Care Applied Research Network

## The fluid controversy What has spooked us, and motivated us Letter to the editor:

"To state that brain swelling during treatment of severe DKA is a tragedy that now may be prevented is unsubstantiated and does little else than give plaintiff's attorneys the rope with which to try to hang pediatricians who will have an unfortunate encounter with this complication .... Until basic research defines the pathophysiology of CE during **DKA and randomized prospective clinical studies** 

...we are all guessing about how this elephant looks." (*J Pediatr* 1989)



# FLuid therapies Under Investigation in DKA: "the FLUID trial"

Funded by grant 1R01HD062417-01 from the Eunice Kennedy Shriver NICHD.

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# Objective

## To determine the impact of IV fluid infusion rate and sodium content on neurological and neurocognitive outcomes of DKA in children



# Methods Overview and Patient Selection

- Prospective, multi-center, 2 x 2 factorial design RCT of IV fluid treatment for DKA
  - 13 PECARN hospitals
  - 2011-2017
- Inclusion criteria
  - Age 0 18 years
  - DKA
    - serum glucose > 300 mg/dL, venous pH < 7.25 or serum bicarbonate < 15mmol/L</li>



## **PECARN** Studies

- <u>New / Pending</u> PED SCREEN, Pain management in fractures (comp effectiveness), C-spine validation, R03 – Disparities in ED STI screening, Setting a PEM Nursing Research Agenda
- <u>Planning Grants</u> Asthma IV Magnesium, Antimicrobiol Stewardship, Steroids – school based asthma program, HUS from STEC



# Pending Pre-Hospital Studies

- Does prehospital asthma therapy reduce ED Admits or Length of Stay (and resource use)?
- Does prehospital identification for possible sepsis improve sepsis pathway use & outcomes?
- Role of simulation & deliberate practice in high risk procedures / critically ill or injured children



# Summary

- High impact pediatric illnesses & trauma multicenter discovery work & implementation of best practice
- Involves 18 Pediatric EDs and 9 prehospital care agencies across diverse population
- Improves the ED based research at each institution
- Continues to look for partnerships across content experts from EMSC experts & others



## Questions?

# Thank you -

