# VR Viewer Assembly Instructions

1) Slide VR viewer out of cardboard sleeve.



2) Open the front panel of the viewer.



3) Open inside flaps and secure to Velcro on either side of the lenses.



4) Set up your VR app of choice or scan the QR code on the viewer to access Google cardboard. Secure your phone using the rubber band to hold the unit in place.



5) Adjust and secure your head strap.
Remove the plastic lens protectors before use.



#### **CONTACT US**

Phone: 904-244-4986 Email: pami@jax.ufl.edu

Website: pami.emergency.med.jax.ufl.edu





Search us using: @ufpami



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# Virtual Reality (VR)



Virtual reality has proven to be effective in reducing pain and anxiety during procedures, burn or wound management, in labor & delivery and other settings.

VR is helpful in patients experiencing acute and chronic pain.

#### Possible benefits include:

- Decreased pain and anxiety without medication.
- Reduced drug-related side effects.
- Enhancing treatment experience.
- Shorter recovery times.



## Suggested **FREE** VR Apps

### **Ages 10 & Under**



VR Zoo Safari - You can view and enjoy many different animals. Your kids can learn the names of animals and hear their sounds.



Peronio Pop-Up Book - Unlike any other interactive book around. Discover the adventures of Peronio, who can't decide what he wants to be when he grows up and follow him on his journey to explore various exciting challenges and mini games along the way.



**Baobab -** Watch the most popular VR stories and movies from Eric Darnell (director of Madagascar films) and Emmy-winning Baobab studios



Tara's Locket - An illustrated storybook adventure set in a stunning virtual world. This unique experience inspired by picture books allows children and adults alike to step into Tara's world and meet Tara and her friends first-hand.

#### **Ages 11-17**



**Final Kick VR -** Enjoy the tense moments of the penalty shots as if you were playing in a football final, making the most spectacular goals and saves, all along with graphics that will make you feel as if you were actually in the match.



Roller Coaster VR Theme Park - Experience a VR amusement park with roller coasters, carousels, and a horror house. The app contains over 32 attractions.



**VR XRacer -** A UFO spaceship attacks our Earth -- step up on a jet, fly up, and protect what belongs to us. The airway is very difficult and dangerous.



Cleanopolis VR - Your mission, if you accept it, is to fight against climate change and make sure the city of Cleanopolis gets rid of its CO2 cloud. Assisted by your faithful companion named Toby, explore the 3D city and discover its districts.

### <u>Ages 18 & Up</u>



**Aquarium VR -** This interactive aquarium features sharks, clown fish, and many more. Look deeper to learn more about the ethereal sea life in the pacific ocean.



**StarTracker VR -** Enjoy a mobile planetarium, designed for individuals who enjoy astronomy to explore the universe.



**VR Cities -** Experience beautiful places, such as Paris and Venice, as if you're really there.



**Within VR -** A cinematic VR experience, which includes beautiful immersive stories -- award-winning VR documentaries, animation, music videos, and more.



Fantastic Voyage VR - Medical animation draws you inside the human body where you fly through a beating heart, travel through the cerebral cortex, and float up the "glass aquarium" like abdnomial vein.

**Additional Option:** Explore the beaches of Malibu, take a hike down the Creek Canyon Trail of Canada, participate in a guided meditation in nature & more. Make sure to type "360 VR" in the YouTube search bar following your desired VR experience (e.g., "Beach 360 VR") to setup each video to be in VR view.