|  |  |
| --- | --- |
| **Pharmacological Interventions** | **Non-Pharmacological Interventions** |
| LMX/EMLA | Comfort Positioning |
| LET | Deep Breathing |
| Sweet Ease/oral sucrose | Counting |
| Pain Ease Spray | Alternative Focus |
|  | Guided Imagery |
|  | Buzzy Bee |

**EMERGENCY DEPARTMENT**

**PAIN MANAGEMENT INTERVENTIONS**

\* This is not a comprehensive list, but most used techniques in the ED\*