Guide to the Pediatric Comfort Cart

Coping with anxiety and pain is difficult, especially for kids. This cart has several easy-to-use items to help reduce pain when a child is sick or injured. In addition, distractions and friendly toys can help ease a child's anxiety during stressful situations. Your efforts to utilize this cart will help improve the quality of care a critically ill or injured child will receive in our community Emergency Departments. Please consider using these tools along with any painful procedure!

Distraction can help establish trust with the child. Soothing methods can help reduce pain. Stickers or Band-Aids can be provided as a reward for allowing the procedure.

The following are helpful tips to identify which item will best fit your needs:

- Assortment of squeeze balls: Distraction
- Books (I-spy/Coloring): Distraction and soothing
- Bubbles: Distraction
- Glitter wand: Distraction
- Light-up Wand: Distraction
- Pinwheels: Distraction
- Pacifiers: Soothing
- Foam Puzzles: Distraction
- Sweet-Eze: Soothing
- Shot Blocker/BUZZY/Freezy Spray: Reduce injection/IV Pain
- Stickers/Band-aids: Distraction, Soothing, Or Reward
- Socks: Use to hold pulse-ox in place on foot
- Sunglasses: Distraction
- Water Toys: Distraction
- Wiki-Sticks: Distraction

For more information, don't hesitate to get in touch with your departments Pediatric Emergency Care Coordinator (PECC).

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EMSC State Partnership Program

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