

YNHHS Peer Support Network Presents:

Peer Support Training

Tuesday, March 15, 2022

9:00 am – 3:15 pm (*this is the same training that took place on 1/21/22*)

Live Online Training. Register on LMS; Search: “Peer Support Training”

- This link will take you to the LMS login and then directly to the course:
<https://yalenewhaven.certpointsystems.com/lms/basicportal/ynhhs/en-US/learner/courses/45aa9ef0-91e8-472b-9eaa-059696c2e098>

Are you a good listener who enjoys caring for co-workers as they cope with challenging emotional events related to work as a healthcare professional or healthcare worker?

These are unprecedented times in healthcare. We are seeking to expand our Peer Support Teams at every delivery network across YNHHS. We are seeking individuals from every aspect of healthcare (e.g. physicians, nurses, social workers, chaplains, transporters, food services, environmental services, etc.), reflective of the diversity in our community. If you are good at providing emotional support to others, we want you. Distressed healthcare teams will call for peer support and this training will prepare you to respond.

Description:

This free ZOOM webinar course will provide an introductory training workshop for new (and intermediate) peer support team members. It will include both didactic information as well as videos, case discussions, and small group exercises.

Objectives:

1. Understand the challenges healthcare workers face and the impact it has on their well-being
2. Identify strategies and interventions to respond to distress, ease suffering, and support resilience
3. Learn skills to support individuals and groups
4. Understand the structure of a peer support team and the response protocols
5. Recognize when the care needed is beyond the scope of a peer support team and how to access professional mental health services

Trainer: Gerry Lewis is an international trainer and author specializing in maintaining resilience in healthcare, police, and fire personnel. He has been working with YNHHS for more than a decade.

Class is open to all YNHHS employees. All roles are welcome!

A second training will be held later if you have a schedule conflict.

Register for course now on LMS – search “Peer Support Training”.

Continuing Education Units (CEU) for various disciplines are being applied for.

Questions? Call or email:

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